



The Knight Times

St. John's Council #1345, Knights of Columbus
Serving Bergenfield & Dumont; Website: www.kofc1345.org
Meets every third Monday of the month at 8:00pm
One Nation Under God - Be a Proud Catholic American
March 2025



Grand Knight's Message

Reverend Fathers, Brother Knights, Sister Columbiettes, Family and Friends,

I hope this weather is not making you too crazy. It's warm, then cold, I guess Mother Nature is playing with us.

I hope you will join us for our annual Irish Night to be held on March 22nd. We will feature the music of Kevin Guerin and the Round the House band playing all your favorite Irish tunes and some that will let you dance the night away. Not long after that, we will be having our Lenten Fish Fry on April 4th - flyers for both are attached to this newsletter.

I would like to offer early congratulations to our sister Columbiettes on the anniversary of their 20th year in service. The Columbiettes are a vital part of the council with their assistance in a lot of our affairs. Thank you and cheers to twenty more years!

Late April or early May will bring our Shake the Can drive. When you get the call from our Shake the Can Chair, Steve Martin, please give him a couple of hours to collect for the special needs groups we support. More details next month.

Thanks go out to those who attended the Bergen Federation Communion Breakfast. As usual, St. John's Council 1345 led the way with attendees and a great time was had by all.

Don't forget to set your clocks ahead on March 9th. An extra hour of sleep and sunshine!

That's about all for now, until the next time, may God continue his blessings over this great council and its families and friends. *Vivat Jesus!*

Chuck Hollis, Grand Knight, FDD

Chaplain's Message: Restoring our Spiritual Health this Lent

Dear Brothers and Sisters,

Nature has given us the ability to experience five different tastes: sour, salty, sweet, savory, and bitter. But our society has almost completely eliminated all bitter tastes from its diet, substituting it for sweet things. Sugar, saccharin, and artificial sweeteners and abound! And the result is a very unhealthy imbalance in the metabolism.

The digestive system needs the stimulation of bitter substances in order to function properly. Excess sugar, and lots of sweet food, plays havoc with our liver, as all the ancient and traditional herbalists, East and West, knew very well. Our liver is the metabolic laboratory of the body eliminating all kinds of poisons and toxins from our system, and producing bile, a digestive juice essential for the breakdown of fatty substances. The lack of bitter substances in our liver results in listlessness, a lack of vitality, and very poor digestion. So, treat your body well this Lent! Treat it well by giving up sugar and chocolate, and cream, and all sweet foods. Get a taste for bitter things.

What is true for the body is true for the soul! The soul needs bitter things, in order to eliminate the poison of sloth and complacency. Some people only feed their soul on sugary and "nice" things. They are all love, joy, peace, smiles, hugs and kisses. They want a nice wife, nice family, only nice meetings, nice Masses, nice homilies, nice hymns. They want to be surrounded by nice people. And they want nice brother Knights too!

But all this can ruin spiritual metabolism. We can end up soft, cushy, slack, comfy, cozy, flabby Christians. Very nice, but very unbalanced. The soul, like the liver, needs the bitter as well as the sweet. But do we really have the taste for it?

Lent is the opportunity to restore balance, to regain our health. Now is the time to taste some of the more "bitter" words of the scriptures; words that are anything but sweet and nice; words calling us to repent; words that can disturb our complacency, expose all our sin and hypocrisy, and move us to tears rather than smiles. These bitter words, these hard sayings, are a gift from God, restoring us to health and wholeness, to sanctity and sanity. Lent is an opportunity to do some real "bitter" penance, and to produce some real spiritual bile. During Lent we are invited to take up the spiritual weapons of prayer, fasting and almsgiving.

For those of you who wish, we will be celebrating Morning Prayer at 6 am every Monday thru Friday during Lent at St. John's in Bergenfield. A seat will be waiting for you.

Fr. Sean

Council Officers 2024-2025

Chaplain:	Fr. Sean Manson	201-470-7379
Grand Knight:	Charles Hollis, FDD	201-314-8599
Deputy Grand Knight:	Bob Knott	201-675-2802
Chancellor:	Justin Miller	201-421-8915
Warden:	William Flores	917-544-2322
Recorder:	George Corbo	201-450-1205
Treasurer:	Arturo Ilano	917-288-8407
Advocate:	Richard Oldfield	201-220-7127
Financial Secretary:	Kenneth Armellino, FS, PGK	516-220-9333
Inside Guard:	Frank Apablaza	201-362-0770
Outside Guard:	Anthony Marti	917-602-3797
Trustee 1 year:	Steven Martin, DD	201-669-8236
Trustee 2 year:	Brian O'Dowd	201-390-7968
Trustee 3 year:	Frank Gallacher, PGK, PFK	201-357-2683
Lecturer:	Dr. Geoffrey Saddock	201-387-0240
Insurance Agent:	Ciriaco (JoJo) Gelera FICF	201-725-2638
District Deputy:	Steven Martin	201-669-8236

Council Chairmen 2024-2025

Church Activities:	Brian O'Dowd	201-387-7187
Community Affairs:	Kenneth Armellino FS, PGK	516-220-9333
Council Activities:	Steve Martin DD,	201-669-8236
Council Reservations:	Kenneth Armellino FS, PGK	516-220-9333
Family Activities:	Steve Martin DD	201-669-8236
Feeding Homeless:	Chuck Hollis GK, FDD	201-314-8599
Murray Scholarship:	Steve Martin DD	201-669-8236
Membership:	Justin Miller	201-421-8916
Newsletter Editor:	Mike Rowley	201-280-8727
Parish Roundtable:	Ken Armellino FS, PGK	516-220-9333
Program Director:	Bob Knott	201-675-2802
Publicity:	Ken Armellino FS, PGK	516-220-9333
Respect for Life:	Richard Oldfield	201-220-7127
Retention:	Brian O'Dowd	201-390-7968
Retreat:	Chuck Hollis GK, FDD	201-314-8599
Scholarship:	Dr. Geoffrey Saddock	201-387-0240
	Richard Oldfield	201-220-7127
Sick & Wake:	Bob Knott	201-675-2802
SMA Mission Rep:	TBA	
St. John Church Rep:	Bob Knott	201-675-2802
St. Mary Church Rep:	Brian O'Dowd	201-390-7968
Webmaster:	Brian O'Dowd	201-390-7968

Twin-Boro Columbian Club Officers 2024-2025

President:	Steve Martin	201-669-8236
Vice President:	Mike Rowley	201-280-8727
Secretary:	Tom Formoso	201-707-9890
Treasurer:	Adrian Miller	201-803-0388
Trustee:	Jeff Meeks	201-394-7822
Trustee:	Anthony Marti	917-602-3797
Trustee:	Ken Armellino	516-220-9333

Columbiette Officers 2024-2025

President:	Genine Armellino	917-992-2011
Vice-President:	Maureen Italiano	201-916-1404
Secretary:	Janet Maniscalco	201-417-0999
Financial Sec:	Nancy Hecker	201-207-0891
Treasurer:	Michele Sciarino	201-387-2916
Sentinel:	Lisa Howell	201-280-4469
Immed. Past Pres:	Laura Labetti	201-788-5971

Boy Scouts – Troop #1345

Charter Executive – Rich Merkovsky	201-494-9912
Charter Organization Representative – Jason Reeves	732-403-1943
Scoutmaster – Kris Kelly	201-232-3377

Knight Times Newsletter

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Knight Times, digitally published monthly, is the official publication of St. John's Council #1345, K of C. Information contained therein does not necessarily purport to represent the views of the Knights of Columbus at large. Subscription is to all members in good standing.

Healing and Wake Report

As of February 28, 2025

Bold indicates a new name or a change in condition. The Healing List for members, family and friends of members will be updated every 3 months and names will be removed from the list after 3 months. If you want a name to be placed on, removed or placed back on the list, please contact Bob Knott at 201-675-2802.

Members

-Don Wuertz	-Brian O'Dowd
-Dan Taylor	-Larry Rivera, PGK
-Fred Schuldt	-Michael Siano
-Lou Sciarino	-Jeff Martin
-Andrew Santulli	-John McGill, PGK
-Dr. Geoffrey Saddock, Lecturer	

Relatives & Friends

-Janet Trawinski, wife of Edward A. Trawinski, Jr.
-Fr. Ray Filipski, priest at St. John's Church
-Sr. Ann Murray, sister of our late Fr. Murray
-Nancy Hecker, wife of Paul Hecker
-Janice Forlini, Columbiette
-Mary McGowan, wife of Gerald McGowan
-Joyce Tyson, mother of Michelle Sciarino
-Ann Meyer, wife Herb Meyer, FSD
-Barbara McEllen, Columbiette
-Nina DiCostanzo, Columbiette
-Dyane Guardino, daughter of Columbiette, Annette Rogie
-Roger Carney, brother of Maureen Italiano
-Maria Meeks, wife of Jeff Meeks
-Joe Manson, father of Fr. Sean Manson, Chaplain
-Bill Gavigan, nephew of Kevin Barry
-Karen Saddock, wife of Dr. Geoffrey Saddock

Wake

-Millie Healy, wife of Marty Healy, PGK
-Patrica Ianni, wife of Anthony Ianni

Organ Donor Program

Brothers, with your family and friends, become an Organ Donor. The life you save is precious, and could be family, a relative, or a friend. Sign up at: www.registerme.org/knights or with Greg Ryan, 201-919-2535

Deputy Grand Knight's Report

Our state deputy has provided a website if you wish to contribute to those effected by the wildfires in Los Angeles: <https://njkofc.com/disaster-relief>. You can mail donations to:

DR: California
C/o NJ State Council
PO Box 221, Budd Lake, NJ 07828.

I did get to attend the Friars of the Renewal Men's Day on March 1st at their monastery in Newark. Brother John McGill, and some members of the St. John's Cornerstone group also attended. The friars are excellent preachers and confessors—I needed both. I always fret as Lent approaches, worrying that what I do, or fast from, won't be sufficient. I'm learning that what we should focus on is improving our relationship with the Lord—a task that will be unique to each individual. So, Wednesday, March 5th begins Lent. March 7th brings First Friday and the opportunity to pray the rosary at St. Mary's or spend time in Eucharistic Adoration at St. John's.

Bob Knott, Deputy Grand Knight

Twin Boro Columbian Club Report

The Twin Boro Columbian Club is responsible for the maintenance, repair and upkeep of our Council Hall. We are always looking for our brothers to assist us at rentals, assist us in preparing the hall for a rental or assist us in "breaking down" after a rental; or perhaps help us in the kitchen on the few occasions we need kitchen help. We have a beautiful hall and lounge which attracts lots of interest from prospective clients. I would hope that everyone from our Knights family would steer their friends and family to our hall for any event. That's what keeps us going. As always, I am happy to speak with anyone about the operation of the TBCC, or anyone who wants to get involved. Vivat Jesus!

Steven Martin, Proud TBCC President

St. John's Council 1345 Apparel

Are you looking for St. Johns Council 1345 apparel? We have partnered with Pyramid Imprints to offer the following items to complete your wardrobe:

- Polo Shirts both with and without a pocket
- Hooded Sweatshirts
- Crewneck Sweatshirts
- Twill Dress Shirts both long and short sleeve
- Quarter Zip Shirts
- A Three Season Jacket
- Faded Color Baseball cap

Various colors and sizes are available. Embroidery shows St. John's Council 1345 on top and Bergenfield/Dumont on the bottom. Your name and position (if any) can also be embroidered on the opposite side. The American Flag will also be on the left sleeve.

An order form is attached. While some items list many colors, we are limiting them to the following colors: White, Navy, Red and Royal Blue. Please have your orders with payment, returned to the council by **March 13th**. An order form is attached. Thank you.

Chuck Hollis, FDD, Grand Knight

Columbiette Report

*"You're searching for good times
But just wait and see...Time is on my side"
(Rolling Stones, 1964)*

Mark your calendars! The month of March has many dates to remember and plan for.

Daylight Savings Time returns this month, on Sunday, March 9, which means that Spring is almost here!

March also starts the season of Lent as Ash Wednesday is on March 5th.

We also celebrate two of our favorite saints, St. Patrick on March 17th and St. Joseph on March 19th.

Also, **save the dates** of two upcoming Columbiette events – first, our 20th Anniversary Celebration will be on Sunday, April 6th at Donatella's Restaurant in Harrington Park. Invitations have been mailed. If you have not received an invitation, please contact Jill Moriarty @201-280-6667 or jillmoriarty@yahoo.com. And... Sunday, June 1st, get ready for our 'BEACH BLANKET BINGO!' Details to follow within the next few months.

Enjoy the feast days of St. Patrick & St. Joseph and have a prayerful Lenten journey.

Peace,

Roberta Elwell, Past President

A Prayer for the Faithful by Saint Patrick

*May the Strength of God guide us.
May the Power of God preserve us.
May the Wisdom of God instruct us.
May the Hand of God protect us.
May the Way of God direct us.
May the Shield of God defend us.
May the Angels of God guard us.
- Against the snares of the evil one.*

*May Christ be with us!
May Christ be before us!
May Christ be in us,
Christ be over all!*

*May Thy Grace, Lord,
Always be ours,*

This day, O Lord, and forevermore. Amen.

Knights of Columbus
Ciriaco (jojo) Gelera, FICF
Field Agent
Phone: 201-725-2638
ciriaco.gelera@kofc.org
Life Insurance • Long-Term Care Insurance
Retirement Annuities • Disability Income Insurance
Protecting Catholic families since 1882.

Dates to Remember

(Events are at the Council unless noted otherwise)

Friday, Mar. 7th Recitation of the Rosary at St. Mary's Church – **6:05 pm**; Holy Hour/Eucharistic Adoration at St. John's - **7 pm**
Monday, Mar. 10th Officers Meeting – **7:30 pm**
Monday, Mar. 17th Council Meeting – **8 pm**
Wed., Feb. 19th Columbiettes Meeting – **7:30 pm**

Troop 1345 meets every Tuesday at **7:45 pm**

Eucharistic Adoration

St. John's overnight Eucharistic Adoration takes place on the first Friday of every month starting with a 7 pm Holy Hour and continuing until Saturday morning at 6:45 am. Come when you can---contact Bob Knott if interested.

Next Council Meeting - Monday, March 17th

Our next Council meeting will be held on **Monday, March 17th** at 8 pm. Prior minutes can be reviewed by going to KofC1345.org and selecting "Minutes" from the left-hand side. When prompted, enter "1345" for the user and "armour" (case sensitive) for the password.

Need a Ride to a Council Event or Meeting?

If you need assistance getting to or from a Council event or meeting because of a disability or just to car pool, please call or text Mike Rowley at 201-280-8727 or Bob Knott at 201-675-2802 and we'll make arrangements.

Upcoming Events

Blood Drive: The next blood drive is **Monday, March 31st** from 3 pm to 7 pm at the Knights of Columbus Council (61 Armour Place, Dumont). This is an easy way to save multiple lives. An appointment is encouraged to donate. You can schedule your appointment by going to <https://tinyurl.com/3vuw5pr3> or calling Vitalant at 877-258-4825.

Irish Night: Will be held on **Saturday, March 22nd**. Dinner will consist of corned beef and cabbage, potatoes, bangers and mash; music and dancing along with beer, wine and soda. See the attached flyer for details.

Fish Fry: We will be hosting a Lenten Fish Fry on **Friday, April 4th** at 6 pm. Details are attached.

Columbiettes' 20th Anniversary: Save the date! **Sunday, April 6th** at Donatella's Restaurant in Harrington Park. Details to follow.



Knights of Columbus

ST. JOHN'S COUNCIL No. 1345
61 Armour Place, Dumont, NJ 07628

Grand Knight Chuck Hollis invites you to

IRISH NIGHT

On

Saturday March 22rd

From

7:00 pm – 11:00 pm



Join us for one of our most popular events. The evening will consist of an authentic Irish menu including Irish Soda Bread and a sit-down dinner consisting of Corned Beef, Cabbage, Potatoes, Bangers and Mash, coffee, tea and dessert.

Tap beer, wine, and soda are included. All else cash bar available.

Let's not forget featuring LIVE ENTERTAINMENT by

Kevin Guerin and the Round the House Band



Last year's event was filled to capacity, so be sure to get your reservations in early! **RSVP REQUIRED!** Call or text Ken A. at 1-516-220-9333 or email kofc1345reservations@gmail.com to RSVP.

All this for only \$50 per person!

St. JOHN'S COUNCIL #1345 KNIGHTS OF COLUMBUS

With the Assistance of Boy Scout Troop #1345

LENTEN FISH FRY DINNER



WHERE: 61 Armour Pl, Dumont NJ
WHEN: Friday, April 4, 2025 6 – 8 PM
INCLUDES: Beer Battered Cod - Steak Fries – Homemade
Mac & Cheese – Coleslaw - Tartar Sauce –
Pickles – Salad & Bread
DESSERT: Cake/Cookies/Coffee/Tea

INCLUDES: DRAFT BEER/WINE/SODA, cash bar all else.
Note: Take-out orders must be picked up inside.

COST: \$20.00 Adults / \$12.00 Children
(\$50 Family Maximum)

\$\$\$ Gift Baskets to be Ruffled off PLUS a 50/50 \$\$\$

Reservation Details: RSVP via call or text to Ken A. at 516-220-9333 or Email KofC1345Reservations@gmail.com This is a SCHOLARSHIP FUNDRAISER for the Council – if you are unable to attend, please consider making a donation to St. John's Council #1345 KOC, 61 Armour Place, Dumont, NJ 07628 . As always, THANK YOU for your support.

St. John's Council 1345 Apparel Order form

Product	Color (Circle one)	Size	Quantity	Cost	Total \$
88181 Core360 Performance Pique Polo	White Red Blue Royal Blue	S – 6X For sizes XXXXL – XXXXXXL Please email me.		S-XL \$32.00 XXL - \$35.00 XXXL \$37.00	
88181p Core360 Performance Pique Polo	White Red Blue Royal Blue	S – 6X For sizes XXXXL – XXXXXXL Please email me.		S-XL \$35.00 XXL \$37.00 XXXL \$39.00	
g125 Gildan Adult Hooded Sweatshirt	White Red Blue Royal Blue	S – XXXL		S-XL \$42.00 XXL \$47.00 XXXL \$50.00	
g180 Gildan Adult Heavy Crew Sweatshirt	White Red Blue Royal Blue	S-XXXL		S-XL \$42.00 XXL \$47.00 XXXL \$50.00	
m500 Harriton Mens Easy Blend Long Sleeve Twill Shirt	White Red Blue Royal Blue	S – 6X For sizes XXXXL – XXXXXXL Please email me.		S-XL \$42.00 XXLK \$45.00 XXXL \$47.00	
m500s Harriton Men's Easy Blend Short Sleeve Twill Shirt	White Red Blue Royal Blue	S – 6X For sizes XXXXL – XXXXXXL Please email me.		S-XL \$39.00 XXL \$42.00 XXXL \$44.00	
5422 Augusta Sportswear Adult Fleece Pullover Sweatshirt	White Red Blue Royal Blue	S-5X For sizes XXXXL – XXXXXXL Please email me.		S-XL \$47.00 XXL \$ 50.00 XXXL \$52.00	
acep101 Adams Cotton Twill Essentials Pigment Dyed Cap	Nautical Red	One size fits all		\$25.00	
d700 Devon and Jones Men's Three Season Classic Jacket	Royal Blue	S – 6X For sizes XXXXL – XXXXXXL Please email me.		S-XL \$ 81.00 XXL \$83.00 XXXL \$ 83.00	

Add your name/position				1 Line \$8.00 2 lines \$ 12.00	
Name					
Position					
Name					
Address					
Telephone					
Email Address					